



## SIUE Competitive Cheer Team SIUE Competitive Dance Team Video Audition Information 2020-2021

The Southern Illinois University Edwardsville (SIUE) Competitive Cheer and Dance Team is comprised of two teams: cheer/stunt athletes and technically-trained dancers. Both components are administered through Campus Recreation. The two teams are committed to working together to support the mission of Campus Recreation, which is to enhance the collegiate experience, foster personal and professional development, and provide opportunities for cultural and social interaction.

Members of the Competitive Cheer and Dance Team must be enrolled for a minimum of 12 hours per semester, maintaining a minimum 2.0 GPA to be eligible. The length of service for a member of the SIUE Competitive Cheer and Dance Team is one year from the date of selection. The SIUE Cheerleaders cheer at all home men's and women's basketball games, and the SIUE Dance Team performs at several home basketball games. The Cheer and Dance Team also competes at NCA/NDA Collegiate Nationals. Additional commitments include, but are not limited to, summer practices, summer camp, and other appearances as requested. ALL team members are required to participate in all fundraisers, some of which may occur during the summer.

Practices will be held a minimum of two times per week first semester and will be increased second semester in preparation for Nationals. Team workouts for strength and conditioning are also required. For Cheer, team tumbling is mandatory.

Both teams will attend camp at Lindenwood University August 15-16, 2020, and attendance is mandatory. Mandatory practices will be held a minimum of three days prior to camp. Additional summer practices will be scheduled based on the availability of team members. The anticipated cost of camp, campwear/team apparel and shoes for new team members is \$600.00, and this is due no later than June 1, 2020. (Returning seniors will receive a \$100 discount/returning juniors will receive a \$50 discount.)

The SIUE cheerleading program has added an additional team--a "Game Day" team. This team consists of students who may not be interested in competition but are interested in cheering at the collegiate level. Members of the Game Day squad must be enrolled for a minimum of 12 hours per semester and maintain a minimum 2.0 GPA to be eligible. Commitments include cheering at all home SIUE Club Football games and all home men's and women's basketball games. Club football games begin in September and basketball games begin at the end of October/beginning of November. **Tryouts for this team will be held following the start of school in August.** Additional information will be available in August. Game Day cheerleaders will be expected to pay for shoes and some team apparel.

It is expected that cheer/dance applicants make all possible attempts to attend tryouts. It is understood that there may be unavoidable circumstances that may occur. Should an interested cheerleader/dancer not be able to attend tryouts, please follow the process outlined below.

All documents and videos must be received by April 17, 2020. All information should be included in the same email. Failure to include all documentation and/or inclusion of requested video documentary, as well as failure to meet the deadline, will render the applicant ineligible for selection. All submitted materials become the property of Southern Illinois University Edwardsville.

Email to: [michellededeets@idta.org](mailto:michellededeets@idta.org) for Dance Team  
[c.driemeyer@yahoo.com](mailto:c.driemeyer@yahoo.com) for Cheer

**Note:** The administrators of the Competitive Cheer and Dance Program reserve the right to refuse a tryout or a position on either team to any person for reason of academic deficiencies or violations against the University's standards of conduct, past performances which dishonored the integrity of the program or university, or physical liability.

Submit these documents, in the following order. Failure to have ALL forms will render the student ineligible to tryout:

1. Application
2. 5" x 7" color head shot
3. Incoming Freshmen/Transfer Students: a copy of SIUE acceptance letter/Current Students: a copy of your SIUE ID
4. Unofficial copy of school transcript and GPA
5. SIUE Competitive Cheer and Dance Contract and Guidelines Signature Sheet (posted on website: [siuecheeranddance.com](http://siuecheeranddance.com))

Submit video documentation:

Make sure that you are completely within the frame for the entire length of the video. You should be the only applicant on the video (with the exception of stunting for cheer).

Begin the video with a short introduction that includes: a) your name, and b) a brief biographical sketch that gives the judges insight into your personality and character.

### CHEER

Each applicant should execute the following skills:

1. Jumps: Toe Touch, Pike, Front Hurdler
2. Running Tumbling Pass: Your best running pass—round off back handspring, round off back tuck, running series, etc.
3. Standing Tumbling: Your best standing skill—back handspring, back tuck, jump back tuck, jump back handspring, etc.
4. Include a stunt that demonstrates your best primary stunting position (may use helpers for this)

### Tryout Attire

Ladies – t-shirt and cheer shorts

Men – t-shirt and long shorts

White cheer shoes

Ladies - Makeup game ready and hair secured away from face with a bow

Men - clean shaven

NO jewelry of any type allowed!

### DANCE

Each applicant should execute the following skills:

1. Turns: Right pirouettes (double, triple, quad); turns in second
2. Leaps: Jeté, leap in second, calypso
3. Jumps: Toe touch
4. Flexibility: Splits; leg hold
5. Include three (3) routines, each 30-45 seconds in length, showcasing the following styles of dance: 1-jazz; 2-lyrical/contemporary; 3-pom. You should be the only performer in the routine—do not use a team video highlighting your individual performance.

### Tryout Attire

Black tank or leotard and black booty shorts/tights are optional

NO embellishments on tops or bottoms

Tan jazz shoes

Hair should be worn in a bun

Makeup game ready

Rhinestone earrings allowed in ears only; NO additional jewelry



# SIUE Cheer and Dance Team 2020-2021 Application

PLEASE PRINT ALL INFORMATION LEGIBLY.

Applying for:  Cheer  Dance

Full Name \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_ Birthdate \_\_\_\_\_

E-mail Address \_\_\_\_\_

Classification for Fall:  Freshman  Sophomore  Junior  Senior

Parent(s) Name(s) \_\_\_\_\_

Street Address (if different from above) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Emergency Contact and Phone \_\_\_\_\_

Previous cheer or dance experience: \_\_\_\_\_

\_\_\_\_\_

Preexisting Injuries: \_\_\_\_\_

\_\_\_\_\_

Other Activities/Employment: \_\_\_\_\_

\_\_\_\_\_

Explain why you want to become a member of the SIUE Cheer OR Dance Team:

\_\_\_\_\_

\_\_\_\_\_

Please include a reference that we may contact (preferably a current coach, former coach or current teacher)

Name/Relationship to you: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

(If applicant is under the age of 18)