



SIUE Competitive Cheer Team SIUE Competitive Dance Team Overview and Expectations 2020-2021

The Southern Illinois University Edwardsville (SIUE) Competitive Cheer and Dance Team is comprised of two teams: cheer/stunt athletes and technically-trained dancers. Both components are administered through Campus Recreation. The two teams are committed to working together to support the mission of Campus Recreation, which is to enhance the collegiate experience, foster personal and professional development, and provide opportunities for cultural and social interaction.

Members of the Competitive Cheer and Dance Team must be enrolled for a minimum of 12 hours per semester, maintaining a minimum 2.0 GPA to be eligible. The length of service for a member of the SIUE Competitive Cheer and Dance Team is one year from the date of selection. The SIUE Cheerleaders cheer at all home men's and women's basketball games, and the SIUE Dance Team performs at several home basketball games. The Cheer and Dance Team also competes at NCA/NDA Collegiate Nationals. Additional commitments include, but are not limited to, summer practices, summer camp, and other appearances as requested. ALL team members are required to participate in all fundraisers, some of which may occur during the summer.

Practices will be held a minimum of two times per week first semester and will be increased second semester in preparation for Nationals. Team workouts for strength and conditioning are also required. For Cheer, team tumbling is mandatory.

Both teams will attend camp at Lindenwood University August 15-16, 2020, and attendance is mandatory. Mandatory practices will be held a minimum of three days prior to camp. Additional summer practices will be scheduled based on the availability of team members. The anticipated cost of camp, campwear/team apparel and shoes for new team members is \$600.00, and this is due no later than June 1, 2020. (Returning seniors will receive a \$100 discount/returning juniors will receive at \$50 discount.)

The SIUE cheerleading program has added an additional team--a "Game Day" team. This team consists of students who may not be interested in competition but are interested in cheering at the collegiate level. Members of the Game Day squad must be enrolled for a minimum of 12 hours per semester and maintain a minimum 2.0 GPA to be eligible. Commitments include cheering at all home SIUE Club Football games and all home men's and women's basketball games. Club football games begin in September and basketball games begin at the end of October/beginning of November. **Tryouts for this team will be held following the start of school in August.** Additional information will be available in August. Game Day cheerleaders will be expected to pay for shoes and some team apparel.

Tryout details and an application appear below. If you are chosen to be part of this program, we expect a high level of commitment from you. Feel free to contact Coach Deets or Coach Driemeyer via e-mail if you have any further questions. We wish you the best of luck during tryouts!

Sincerely,

Michelle Deets, Head Coach
SIUE Competitive Dance Team
michelledets@idta.org

Casey Driemeyer, Head Coach
SIUE Competitive Cheer
c.driemeyer@yahoo.com



SIUE Cheer and Dance Team Tryout Information 2020-2021

Dates/Times/Locations:

CHEER: April 26, 2020/Student Fitness Center Gym/check-in begins @ NOON

DANCE: April 26, 2020/Vadalabene Center Instructional Gym/check-in begins @ NOON

Note:

The administrators of the SIUE Competitive Cheer and Dance Program reserve the right to refuse a tryout or a position on either team to any person for reason of academic deficiencies or violations against the University's standards of conduct, past performances which dishonored the integrity of the program or university, or physical liability.

Transportation to and from tryouts and overnight housing (if needed) are the responsibility of the student.

Tryouts are closed to the public. No video/audiotaping or photography will be permitted.

Submit these documents, in the following order, to be officially registered for tryouts. Failure to have ALL forms will render the student ineligible to tryout. (Please bring them on the tryout date.)

1. Application
2. 5" x 7" color head shot
3. Incoming Freshmen/Transfer Students: a copy of SIUE acceptance letter/Current Students: a copy of your SIUE ID
4. Unofficial copy of school transcript and GPA
5. SIUE Waiver (posted on website)
6. SIUE Competitive Cheer and Dance Contract and Guidelines Signature Sheet (posted on website)

CHEER

Each applicant will be evaluated on the following:

1. Jumps: Toe Touch, Pike, Front Hurdler
2. Running Tumbling Pass: Your best running pass—round off back handspring, round off back tuck, running series, etc.
3. Standing Tumbling: Your best standing skill—back handspring, back tuck, jump back tuck, jump back handspring, etc.
4. Stunting: Will be evaluated on primary stunting position, including stability and flexibility
5. Interview (will be conducted in your tryout attire): Collegiate look, confidence, projection, diction, personality

Tryout Attire:

Ladies – t-shirt and cheer shorts

Men – t-shirt and long shorts

White cheer shoes

Ladies – makeup game ready and hair secured away from face with a bow

Men – clean shaven

NO jewelry of any type allowed

DANCE

Each applicant will be evaluated on the following:

Turns: Right pirouettes (double, triple, quad); turns in second

2. Leaps: Jeté, leap in second, calypso
3. Jumps: Toe touch
4. Flexibility: Splits; leg hold
5. Contemporary/Lyrical Routine: Memory and execution, technique within the routine, performance ability, showmanship
6. Pom Routine: Memory and execution, technique within the routine, performance ability, showmanship
7. Interview (will be conducted in your tryout attire): Collegiate look, confidence, projection, diction, personality

Tryout Attire:

Black tank or leotard and black booty shorts/tights are optional

NO embellishments on tops or bottoms

Tan jazz shoes

Hair should be worn in a bun

Makeup game ready

Rhinestone earrings allowed in ears only; NO additional jewelry



SIUE Cheer and Dance Team
2020-2021 Application

PLEASE PRINT ALL INFORMATION LEGIBLY.

Applying for: Cheer Dance

Full Name _____

Home Address _____

City _____ State _____ ZIP _____

Phone (Home) _____ (Cell) _____ Birthdate _____

E-mail Address _____

Classification for Fall: Freshman Sophomore Junior Senior

Parent(s) Name(s) _____

Street Address (if different from above) _____

City _____ State _____ ZIP _____

Emergency Contact and Phone _____

Previous cheer or dance experience: _____

Preexisting Injuries: _____

Other Activities/Employment: _____

Explain why you want to become a member of the SIUE Cheer OR Dance Team:

Please include a reference that we may contact (preferably a current coach, former coach or current teacher)

Name/Relationship to you: _____

Phone Number: _____

Participant's Signature _____ Date _____

Parent's Signature _____ Date _____

(If applicant is under the age of 18)